

AAC Modeling: Mealtime

Model AAC in everyday activities to demonstrate language for your learner. Remember **connection over perfection!**

Here are some ideas for modeling while enjoying a meal together:

Share about your day!

- IT BORING
- LONG DAY
- NO SCHOOL
- WATCH TV
- TALK FRIEND
- GO WALK
- READ BOOK
- CALL GRANDMA
- SISTER ANNOYING

Comment on your meal!

- YUMMY
- YUCK
- HUNGRY
- NOT HUNGRY
- TASTE GOOD
- LIKE IT
- MY FAVORITE
- DON'T LIKE
- THIRSTY
- DELICIOUS
- I FULL
- HOT

Ask for things

- WANT MORE
- HAVE THAT
- WANT DRINK
- NEED NAPKIN
- PLEASE GIVE

Ask questions!

- HOW DAY?
- HOW IS IT?
- HAVE DESSERT?





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AAC modeling can happen at anytime. In fact, some of the best opportunities to model occur in the unplanned moments. It will feel awkward at first. That's normal! Here are some ideas to get you thinking about ways to model at mealtime. Enjoy your time together. Build relationship by using their language to speak to them. Remember it's about connection over perfection!

